

YOUR EGO CAN ONLY ALLOW YOU TO SEE AS A POSSIBLE CHOICE THE RESPONSE THAT WILL SUPPORT WHAT IT THINKS IS TRUE.

Your beliefs have a profound effect on how you perceive what's happening, because they act like filters. They let some things through and block out others, based on how compatible the information is with what is already there. It works much like the filter on a camera, designed to give you the picture you want rather than the picture that is. Similarly, the subconscious mind that receives the perception is much like the film. It accepts completely, without question, everything it receives as true, and spits out your fabricated picture of life in all its glory, just as if it were real.

And then it uses that as the basis for judging the reality of the next perception.

If you believe you are alone in the world (premise), when people call to include you in activities, you will decline for a variety of reasons (choice). Also, you will be unaware of social groups advertised in the paper and so forth. Your conscious mind literally will not see the ads. As a result, you'll sit at home every day, lonely (experience), which proves you are alone in the world (original premise supported).

IF YOU ARE WONDERING WHAT YOUR PREMISE IS, JUST LOOK AT YOUR EXPERIENCES IN LIFE.